

*How do we work in ways that help those
living in poverty feel
more in control of their situation?*

AIMS:

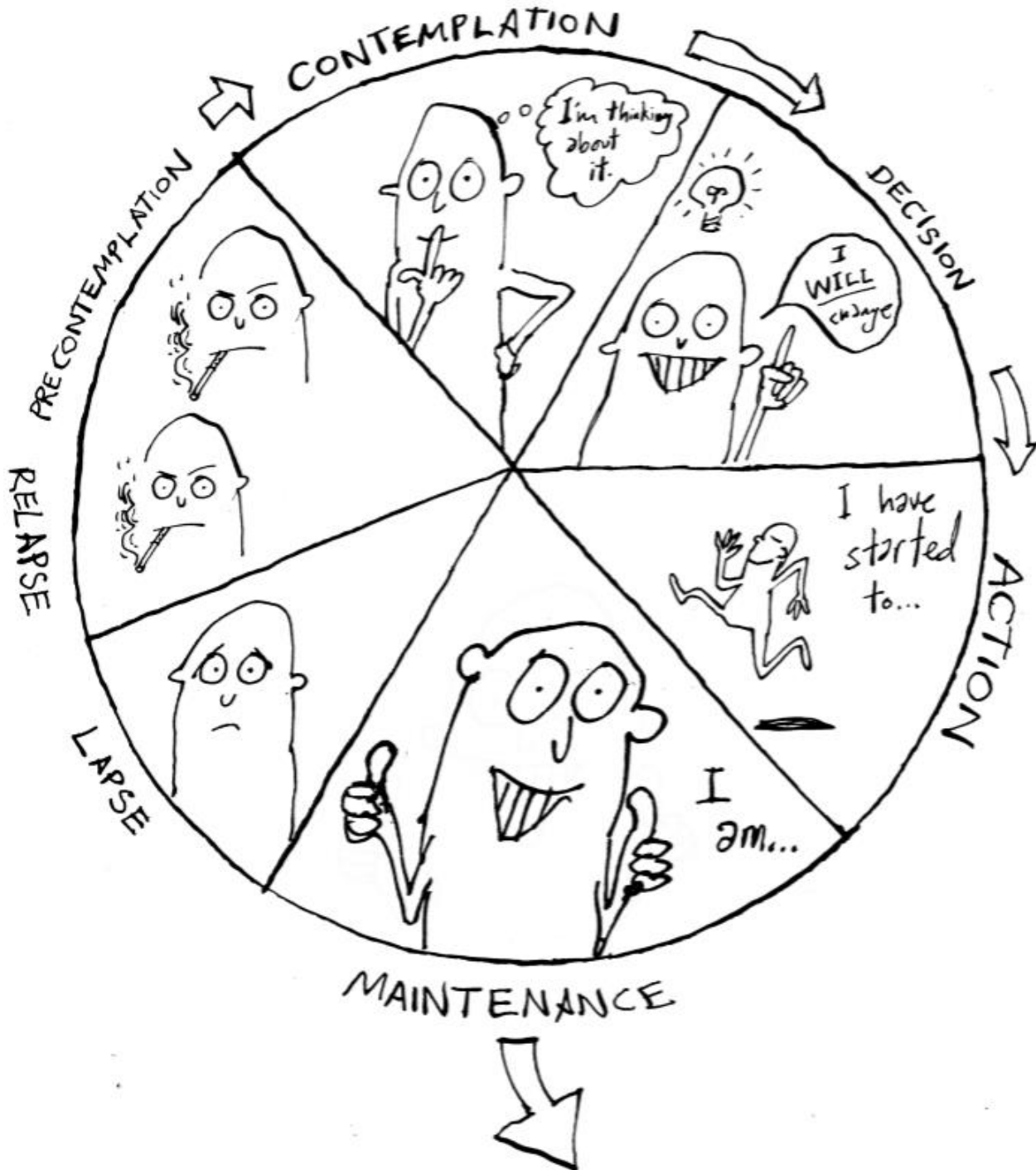
Learn about different ways of working and their impact

Work with colleagues to reflect on your own approach

KEEPING THE PROBLEM ON THE TABLE!

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FORCES OF CHANGE WORKING FOR SUSTAINABLE OUTCOMES



INDIVIDUAL DESIRING CHANGE

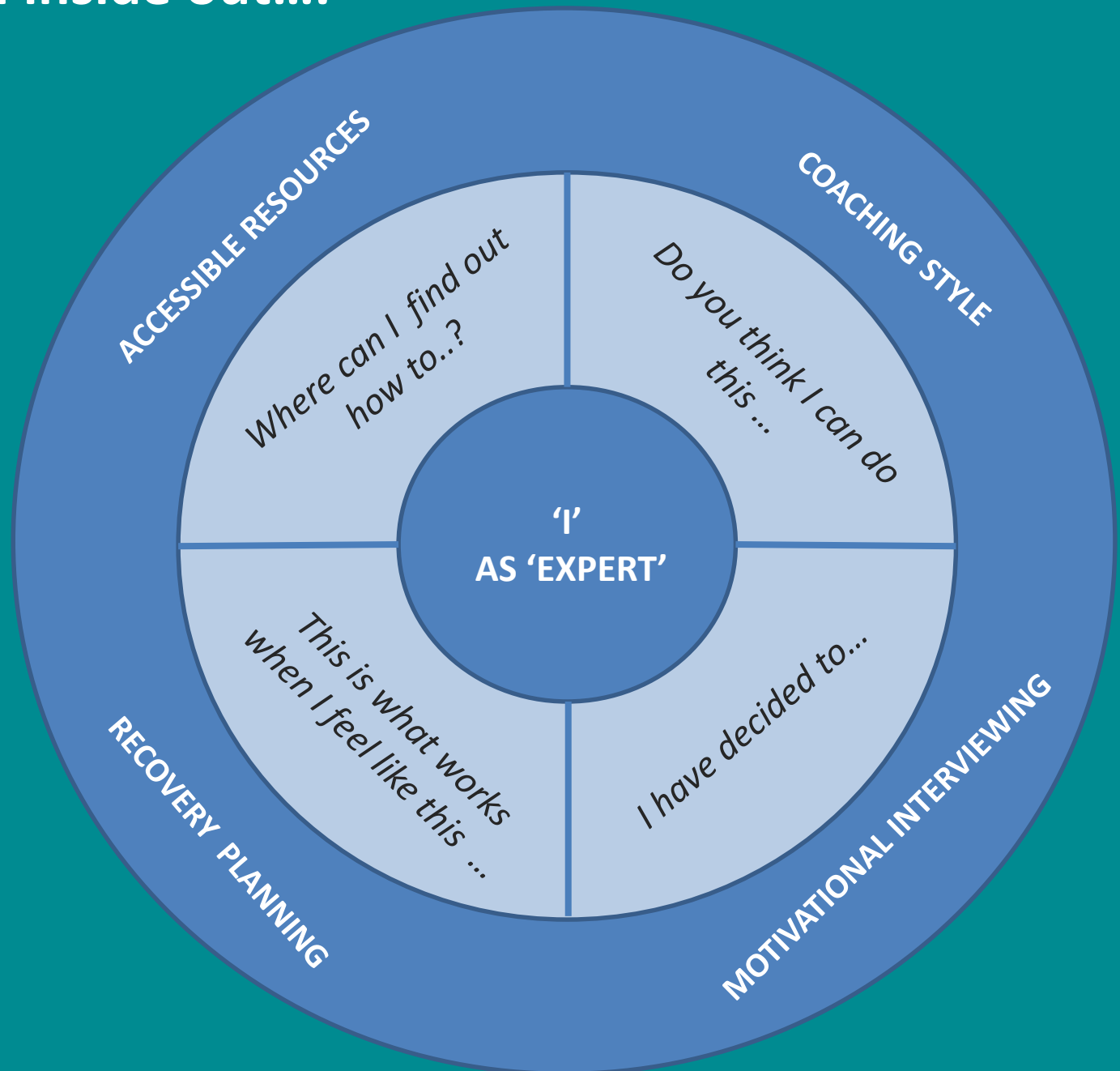


PROFESSIONAL DIRECTING CHANGE

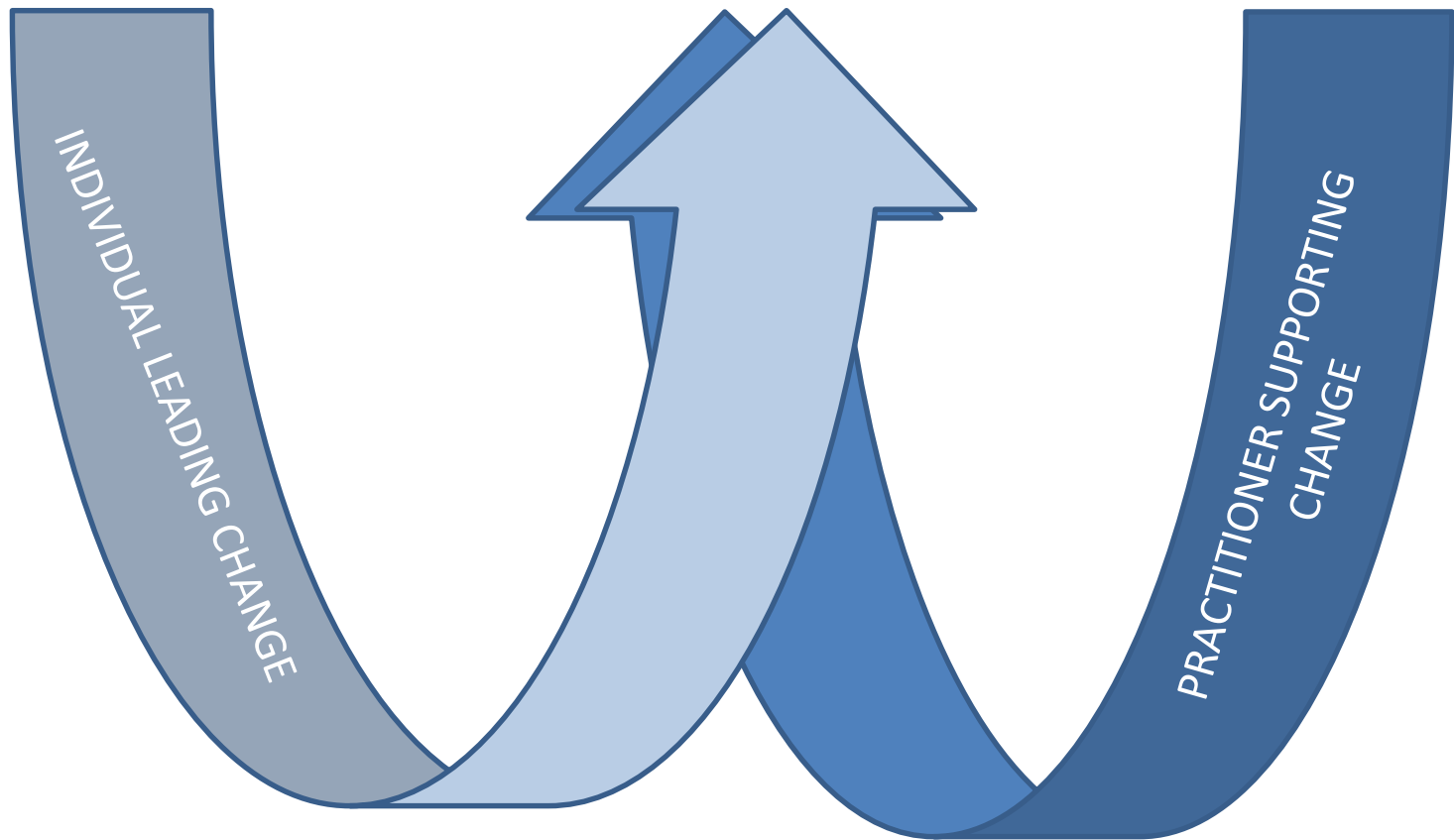
Change from outside in....



Change from inside out....



WORKING TOGETHER



TASK

You have been referred to help a single parent with one school age child and one under 5. All you know is that they desperately need help with food vouchers.

- What do you need to find out in each stage?
- What do you need to do / not do?
- What role is most helpful to supporting change in each stage? Consider:

'Change from within'	'Change from outside'
Listener	Teacher
Supporter	Advocate
Coach	Adviser
Exploring resources	Giving resources

CONCLUSION

- Keep the problem on the table
- Trust the process (know the process you are using and follow it – this is where peer observations can really help)
- Be self-aware
- Take time to reflect on own practice and get support from other
- Remember the maintenance and lapse phase – it's ok if people need to come back for more help. AND circumstances change, we're not saying this is all about an individuals choices.