## **FOOD INSECURITY**

An estimated <u>8.4 million people</u> in the UK struggle to get enough to eat

73% UK people think hunger is a problem that can be solved

51% think food banks are an embarrassment in a modern society

## **FUEL POVERTY**

Living in a too cold home can kill In the severe winter of 2017/18 over 15000 premature deaths were attributed to living in a cold home

Energy vulnerability is an intensely emotional experience ... uncertainty over bills, costs, price rises... cold homes... damp, mould....shame and stress.

## HOUSEHOLD ESSENTIALS

- Bed, bedding and mattress
  - Table and chairs
  - Sofa and/or easy chairs
    - Wardrobe/drawers
- Carpets in living rooms and bedrooms
  - Curtains or blinds
  - Washing machine
  - Refrigerator and freezer
    - Cooker/oven

• TV

#### **End Furniture Poverty**

Defined list of household essentials following consultation 2016.

## INCOME

 60% of people in poverty live in households where someone is in work

 Half of low income households do not claim the benefits they are entitled to

 Insecure employment is the most damaging form of insecurity for mental health

#### DEBT

- An estimated 8.3million people in the UK are over indebted
- The link between debt, financial crisis and suicidal thoughts are well documented
- Over 16 million people in UK have less than £100 in savings – this makes managing unexpected life events even harder

### **CHILDREN**

#### 4.1 million children live in poverty in the UK – how does that feel to them?



# **DIGITAL ACCESS and SKILLS**

• 11.9m people do not have the digital skills needed for day to day life in the UK

• 700,000 young people have inadequate internet access for school work

• Digital inequality reproduces and exacerbates social and economic experiences of inequality

# **ISOLATION & LONELINESS**

- 10% of people aged 16 to 24 were "always or often" lonely - the highest proportion of any age group
- Social isolation can be exacerbated where the home is not a welcoming environment
- Living in persistent poverty (is) associated with children falling out more frequently with their peers and being more likely to bully others